

About Department

Mrs. K.S.K. Arts, Science and Commerce College were established in June 1971 and the Dept. of Sports was established right from the beginning of the college. The college started by enrolling 221 students in the year 1971. In the first two years Prof. R. S. Shinde looked after the Department. In the year 1973 Prof. J.P. Shelke was appointed as lecturer he Retired in 2006, after his retirement Prof. Dr. B. M. Sanap was appointed as a Director of Physical Education. Now the Department is full-fledged and under the able guidance of our respected Principal Dr. S. V. Kshirsagar the Dept. of Sports has brought glory to this College.

Former Head

Sr.No.	Name of Head	Tenure
1	Prof. J.P.Shelke	1973 to 2006
2	Dr. B.M. Sanap	28/12/2006 to Till Date

AIMS AND OBJECTIVE OF SPORTS DEPARTMENT

To create an ideal citizen

To Create National Integration through sports.

To create interest and liking for sports among the college students & players and raise their sports standard to affect their physical and moral development.

To provide the facility for players in the college.

To development the physical fitness of the college students

To development the leadership amongst the players by participation in different level tournaments.

SCOPE OF THE SUBJECT:

Physical Education and Sports activity must be learned; hence there is a need for thinking on the part of the intellectual mechanism, with resulting acquisition of knowledge. Physical Education and Sports activities are essential for the development of the student's scientific insight, intelligence, and superior type of reflective thinking.

Career Options

There are various career options in sports academy, health clubs, sports goods manufacturing companies, and in the areas of marketing. Also, there are opportunities as a commentator, sports journalist, sports trainer, school/college teacher (physical training), and many more. There are many other options of working in this field apart from serving as a player. A candidate with passion for sports career can also work as coach, team manager/sports manager, fitness instructor, athletic trainer, sports journalist, Photographer. Sports persons on retiring from active play can also look forward to satisfying jobs in assignments such as umpires and referees. Also in a country like our sphere country spas and yoga centers are at a rise, one can also use his/her expertise for a job in such places. People today are looking for professionals in the field of Physical Education and Sport because they have best knowledge regarding rehabilitative and therapeutic modalities like cry therapy, Thermotherapy, Electromagnetic Therapy etc. Trained Physical Education personnel get priority in defense and police services with special recruitment drives.

Career Examples

1. Physical Therapist
2. Occupational Therapist
3. Athletic Trainer
4. Physical Education Teacher
5. Fitness Specialist-Personal Trainer, Fitness Director
6. Recreation Worker

7. Dance Medicine and Science
8. Coach
9. Dance Educator
10. Exercise Science / Sports Medicine
11. Sports Management
12. Sports Medicine
13. Health Educator

IMPORTANCE OF THE SUBJECT:

Physical education is an integral part of the total education of every Student in kindergarten through college. Quality physical education programs are needed to Department of Physical Education & Sports increase the physical competence, health-related fitness, self-responsibility and enjoyment of physical activity for all students so that they can be physically active for a lifetime. Physical education programs can only provide these benefits if they are well-planned and well-implemented. Here's what quality physical education programs can do for students, according to the National Association for Sport and Physical Education: Optimum development- Physical Education considers the child as a united whole of mental, social, moral, physical qualities and provides for the optimum development of all these through the physical activities.

1. Physical growth and development - Physical activity must be learned; hence there is a need for thinking on the part of the intellectual mechanism, with a resulting acquisition of knowledge. Physical activities are essential for the development of a child's scientific insight, intelligence and superior type of reflective thinking.

2. Intellectual development - Physical activities must be learned; hence there is a need for thinking on the part of the intellectual mechanism, with a resulting acquisition of knowledge. Physical activities are essential for the development of a child's scientific insight, intelligence and superior type of reflective thinking.

3. Emotional development – Physical education provides opportunities to control emotions. It offers scope for both emotional release and controlling of the emotions.

4. Social adjustment – Physical activities provide opportunity of interaction between participants and others in varied situations enabling them to learn social qualities like sportsmanship, co-operation, honesty, friendship, fellowship, courtesy, self-discipline, and respect for authority which promote social adjustment of an individual.

5. Personal adjustment – Physical education gives a full and worth-while experience to the individual which help him to realize fullest self-expression and highest satisfaction from the result of his action, and thereby facilitates his personal adjustment in life.

6. Character development- They provide a valuable contribution to the development of good moral character.

7. Physical fitness- Physical education through exercise and knowledge about one's body and its requirements contribute immensely to physical fitness. Regular exercise improves our physical efficiency, sense of well-being and appearance.

8. Mental development- The learning of skill, game, rules, techniques and strategies, and judgment making equip an individual to interpret new situations effectively. Physical education programmed also makes an individual awareness regarding the importance of Sanitation, health and hygienic, prevention of disease, balance diet and health habits hereby improving his mental development.

9. Skill development Department of Physical Education & Sports - It develops motor skills, which allows for safe, successful and satisfying participation in physical activities.

10. Regular healthful physical activity - It provides a wide range of developmentally appropriate activities for all students.

11. Support of other subject areas - Reinforces knowledge learned across the curriculum and serves as a lab for application of content in science, math and social studies.

12. Self-discipline - Facilitates development of student responsibility for health and fitness.

13. Improved judgment - Quality physical education can influence moral development. Students have the opportunity to assume leadership, cooperate with others, question actions and regulations, and accept responsibility for their own behavior.

14. Stress reduction Physical activity - becomes an outlet for releasing tension and anxiety and facilitates emotional stability and resilience.

15. Strengthened peer relationships - Physical education can be a major force in helping Students socialize with others successfully and provides opportunities to learn positive people skills. Especially during late childhood and adolescence, being able to participate in dances, games and sports is an important part of peer culture.

16. Improved self-confidence and self-esteem - Physical education instills a stronger sense of self-worth in Students based on their mastery of skills and concepts in physical activity. They can become more confident, assertive, independent and self-controlled.

17. Experience setting goals - It gives students the opportunity to set and strive for personal, achievable goals.

SPORTS DEPARTMENT HIGHLIGHTS.

Department has well equipped gymnasium.

67 students have participated in inter university tournament from 2017-2018 to 2022-2023.

341 students have participated in inter university tournament.

Department has indoor sports hall facilities.

Department organizes winter cricket coaching camp balling machine net practice.

Department has equipment's for every events.

Department organizes inter collegiate tournament.

Department organizes intra-mural tournament at the time of college gathering.

Department has well equipped Gym.

Good performance in inter collegiate tournament in each events.

Department organized inter collegiate Taekwondo tournament.

Department organized inter collegiate Kabaddi tournament.

Department of Physical Education & Sports

SWOC analysis of the department

Strength

- Faculty members are well qualified & experienced and well versed to new technologies.
- Availability of well-equipped gymnasium.
- Well equipped indoor Wrestling, Judo and Table tennis hall.
- Sports and Games books reference facility.
- Regular Practice of popular and expertise Games & Sports.
- Participated in maximum sports & games at Inter collegiate/ Inter University, state and national level.
- Students' participation in State/National levels in every year
- more participation of girl students at state and national level.
- Availability of advanced equipment's for sports & games training.

Weakness

- Lack of space for development of more sports and games facilities.
- Lack of recognition as research laboratory to the department by affiliated University.

- Lack of awareness among students and parents towards the Physical Education and Sports.
- Unavailability of shooting range for pistol and rifle shooting.
- Single permanent faculty department.

Opportunities

- To streamline health awareness programmers by the department.
- To make the department as a national level center for games and sports.
- To run Yoga practice and training center in the college.

Challenges

- Rural talent search in Sports for elite level preparation.
- To motivate parents and society to come forward for the development of health through physical Education and Sports.

SPORTS COMMITTEE

Sr. No.	Name	Designation
1	Dr. Sanap Bhagchand Maruti	Chairman

AVAILABLE GROUND IN COLLEGE PREMISES

- Indoor sports hall
- Indoor badminton court
- Cricket net practice wicket
- Kho- kho
- Kabaddi
- Hand ball
- Volley ball
- Ball badminton

- **Basket ball(Mud court)**

SPORTS FACILITIES

- **Indoor sports facilities available.**
- **Cricket balling machine.**
- **Basket ball acrylic board trolley.**
- **Multipurpose 12station Gym.**
- **Home Gym 4station**
- **Weight Training set**
- **Cricket**
- **Basket ball**
- **Hand ball**
- **Soft ball**
- **Volley ball**
- **Badminton**
- **Ball badminton**
- **Table Tennis**
- **Foot ball**
- **Hockey**
- **Archery**
- **Boxing**
- **Wrestling**
- **Taekwondo**
- **Judo**

- Chess
- Shot put
- Javelin
- Discuss
- Carom
- Jumping rope
- Medicine ball
- Training spot con
- All games equipment available

ORGANIZATION INTER COLLEGIATE TOURNAMENTS

2021-2022 Organized Inter Collegiate Taekwondo Tournament

2022-2023 Organized Inter Collegiate Kabaddi Tournament

ORGANIZATION OF COACHING

2018-2019 Cricket net practice on bowling machine winter coaching camp

2018-2019 Badminton summer coaching camp

2018-2019 Beed district Ass. Team (m) TUG- OF-WAR coaching camp for state tournament

2019-2020 Cricket net practice on bowling machine winter coaching camp

2019-2020 Beed district Ass. Team tug of war coaching camp for state level tournament

2020-2021 no event due to covid-19 periods

2021-2022 Kho - Kho winter coaching Camp

2021-2022 Kabaddi women's summer coaching camp

2022-2023 Beed District Tug of war Coaching Camp

2022-2023 Summer Basketball Fitness & Skill Coaching Camp

2022-2023 Summer Kabaddi Coaching Camp

ORGANIZATION OF NATIONAL FESTIVAL

15 August celebration of the Independence Day on 15th August every year

- 17 September Marathwada Mukti Sangram Din celebration.
- 29 August Major Dayan Chand birthday National Sports Day celebration
- 26 January Republic Day celebration
- 1 May Maharashtra Din celebration

Organization of University Foundation Day

23 August Dr. Babasaheb Ambedkar Marathwada University Aurangabad Foundation Day.

BEST PRACTICES IN SPORT DEPARTMENT

- 1 Organization of winter coaching camp.
2. 29 August Major Dhyan Chand Memorial Day is celebrated as national sport day.
3. Sport Department published wallpaper "Kridangan" on sport day.
4. Organization of college gathering intra-mural sports tournaments.
5. Organization of prize distribution ceremony for winning players & inter university \National\ inter colleges merit team. Individual merit players.
6. College best player late Amole Barskar sports award.

SPORTS DEPARTMENT FIVE YEARS FUTURE PLAN

- To Organize State level Sports & Games Tournament.
- To Organize self-defense for girls.
- To Conduct summer coaching camp.
- To Conduct winter coaching camp.
- To Conduct inter collegiate tournament
- To Organize state level seminar in sports.