

**DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY,
AURANGABAD.**



Circular / Acad Sec./ UG & PG/Rev. Curri./Col. & Uni.Cam./ 2022.

It is hereby inform to all concerned that, on the recommendation of Dean of Faculty of Humanities, **the Hon'ble Vice-Chancellor has accepted the following subject wise Curriculum & Regulations of Choice Based Credit & Grading System** under the faculty of Humanities in his emergency powers under Section 12 [7] of the Maharashtra Public University Act, 2016 on behalf of the Academic Council.

Sr. No.	UG/PG Course Curriculum Name	Semesters
01.	B.A., B.Com. & M. A. First Year [Marathi]	Ist & IInd
02.	B. A./B.Com/ B.Sc./BFA/BSW Second Language & Optional First Year [Hindi]	Ist & IInd
03.	B. A. First Year [Urdu]	Ist & IInd
04.	B.A./ B.Com/ B.Sc. Second Language & Optional First Year [Sanskrit]	Ist & IInd
05.	B. A. First & Second Year Progressively and M.A. Second Year [Psychology]	Ist to IVth and IIIrd & IVth
06.	B. A. First Year [Geography]	Ist & IInd
07.	B. A. First Year [Political Science]	Ist & IInd
08.	B. A. First & M.A. Second Year [Sociology]	Ist & IInd and IIIrd & IVth
09.	B. A. First Year [Economics]	Ist & IInd
10.	B. A. First Year [Public Administration]	Ist & IInd
11.	B. A. First & M.A. Second Year [Thoughts of Mahatma Phule and Dr. Babasaheb Ambedkar]	Ist & IInd and IIIrd & IVth
12.	B.A. First Year Optional [Military Science]	Ist & IInd
13.	B.A./ B.Sc. Second Language & Optional First Year [Arabic]	Ist & IInd
14.	B.A. First Year Optional [Islamic Studies]	Ist & IInd

This is effective from the Academic Year 2022-23 and Onwards progressively as appended herewith.

All concerned are requested to note the contents of this circular and bring notice to the students, teachers and staff for their information and necessary action.

University campus,
Aurangabad-431 004.
Ref. No. SU/Col. & UC/UG & PG/
2022/ 3355-65

Date: 11.07.2022.

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**Deputy Registrar,
Academic.**

:: 02 ::

Copy forwarded with compliments to:-

- 1] **The Head, all concerned departments,**
Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.
- 2] **The Principal, all affiliated colleges,**
Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.
- 3] **The Director, University Network & Information Centre, UNIC,**
with **a request to upload this Circular on University Website.**

Copy to :-

- 1] **The Director, Board of Examinations & Evaluation,**
- 2] **The Sec. Officer, [B.A.,B.Com, B.Sc. & M.A. Unit] Exam. Branch,**
- 3] **The Section Officer, [Eligibility Unit],**
- 4] **The Programmer [Computer Unit-1] Examinations,**
- 5] **The Programmer [Computer Unit-2] Examinations,**
- 6] **The In-charge, [E-Suvidha Kendra],**
- 7] **The Public Relation Officer,**
- 8] **The Record Keeper,**
Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

-**=-

DrK*110722/-

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**Dr.Babasaheb Ambedkar Marathwada University,
Aurangabad.**



Choice Based Credit System

PSYCHOLOGY

**Curriculum Structure and Scheme of Evaluation
For B.A First Year**

**Dean
Faculty of Humanities,
Dr. Babasaheb Ambedkar Marathwada
University, Aurangabad. .**

With Effective from 2022-23

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad
Choice Based Credit System
B.A Psychology
Curriculum Structure and Scheme of Evaluation for B.A First Year
With Effective from 2022-23

SEMESTER -I									
Sr. No	Course Code	Title of Course	Periods			Credit	Marks		
			Per week	Practical	Total		Theory	Practical	Total
1	CCPSY-3A	Introduction to Psychology	04	--	60	02	30	--	30
2	CCPSY-3B	Bio Psychology	04	--	60	02	30	---	30
3	CCPSY-3C	Experiments	--	04	60	02	---	40	40
(A) Total of Semester -I			08	04	180		60	40	100

SEMESTER -II									
Sr. No	Course Code	Title of Course	Periods			Credit	Marks		
			Per week	Practical	Total		Theory	Practical	Total
1	CCPSY- 1E	Psychology of Individual Differences	04	--	60	02	30	--	30
2	CCPSY- 2E	Developmental Psychology	04	--	60	02	30	---	30
3	CCPSY- 3E	Psychometric Test	--	04	60	02	---	40	40
(B) Total of Semester -II			08	04	180	06	60	40	100

Annual Practical Semester I & II							
Sr.No	Course Code	Title of Course	Periods		Credit	Marks	
			Practical Per week	Total		Practical	Total
1	CCPSY-3C	Experiments	04	60	02	40	40
2	CCPSY- 3E	Psychometric Test	04	60	02	40	40
(C) Total of Semester -I &II			08	120	04	80	80

Course Title- Introduction to Psychology
Ist year B.A (Semester I)

Course Code- CCPSY-3A

Credit – 02

Max Marks -30

Objectives:

- 1) To generate interest in psychology
- 2) To understand ways of living
- 3) To acquire the knowledge of memory and forgetting

Outcome:

- 1) Understanding the knowledge of psychology
 - 2) Acquired method of learning
 - 3) Identify methods of memory improvement
-

Unit-1: The science of psychology

1. What is psychology? -a) Definition b) Goal of psychology 2. Perspective of behaviour- a) Psychodynamics b) Humanistic c) biological 3. Method of psychology- a) Descriptive method; naturalistic observation, laboratory observation b) Case study c) Survey method 4. Sub field of psychology- a) Social psychology b) Clinical psychology c) Positive psychology d) Counseling psychology 5. Psychology in India- a) Ancient roots and modern India

Unit-2: Sensation and Perception:

1. Sensation - a) Definition and nature 2. Perception -a) Definition and nature
3. Perceptual constancy-a) Size b) Shape c) Brightness 4. Gestalt principal 5. Illusion- a) Perceptual illusion b) Muller layar illusion c) The moon illusion d) Illusion of motion

Unit -3: Learning

1. Learning- a) Define and Nature 2. Types of Learning-a) Classical conditioning b) Operant conditioning c) Observational Conditioning

Unit-4: Memory:

1. Definition and nature of memory 2. Models of memory-a) Level of possessing b) possessing model c) Information possessing 3. Types of memory-a) sensory memory b) short term memory c) long term memory 4. Forgetting –a) Curve of Forgetting b) Causes of Forgetting 5. Improving memory

Source Books:

- Baron, R. & Misra. G. (2013). Psychology. Pearson.

- Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi:

Reference Books:-

- Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle
- Dixit, Nirupama (2010). AdhunikAsamanayaManovigyan. Agra: Aggrawal Pub.
- Jain, Shashi (2007). Introduction to psychology (4th Ed.).New Delhi: Kalyani.
- Learning, New Delhi.
- Mangal, S. K. (2013). General psychology. New Delhi: Sterling Publisher Pvt. Ltd.
- New Delhi: Tata McGraw-Hill.
- Srivastava, A. (2010). Manovikritivigyan. Agra: Aggrawal Pub.
- Vilas Padhe: Psychology – An Introduction to Psychology

Course Title- Biopsychology
Ist year B.A (Semester I)

Course Code- CCPSY-3B

Credit – 02

Max Marks -30

Objective

- 1) To acquaint biological base of human behavior.
- 2) To understand Brain structure and function.
- 3) To developed an understanding of endocrine system.

Outcomes

- 1) Acquired knowledge of Biopsychology.
 - 2) Understood brain structure and function.
 - 3) Developed the knowledge of Endocrine system.
-

Unit 1: Introduction to biopsychology

1. Biopsychology - a) Definition b) Origin of biopsychology 2. Nature and scope 3. Division of biopsychology- a) Physiological psychology b) Psychopharmacology c) Neuron psychology

Unit 2: Brain and its Function:

1. Structure of Brain 2. Neuron and nerves 3. Function of neuron 4. The synapses

Unit 3: Organization of nervous systems:

1. CNS & PNS: Structure and functions. 2. Functional abnormalities of neurotransmitters:
3. Dopamine:-function and effect 4. Serotonin hypothesis:- function and effect

Unit 4: Endocrine System:

1. Structure 2. Functions 3. Abnormalities of major glands- a)Thyroid, b)Adrenal, c)Gonads, d)Pituitary, e)Pancreas, f)Pineal

Source Books:

- Breedlove, S. M., Rosenzweig, M. R., & Watson, N. V. (2007) *Biological Psychology: An introduction to behavioral, cognitive, and clinical neuroscience*, 5th Edition. Sinauer
- Ciccarelli, S. K., & Meyer, G. E. (2010). *Psychology: South Asian Edition*. New Delhi:
- Carlson, N. R. (2009) *Foundations of Physiological Psychology*, 6th Edition. Pearson

Reference Books:

- Levinthal, C. F. (1983). *Introduction to Physiological Psychology*. New Delhi: PHI.
- Pinel, J. P. J. (2011) *Biopsychology*, 8th Edition. Pearson Education, New Delhi.
- Rozenweig, M. H. (1989). *Physiological Psychology*. New York: Random
- Singh, R. N. (2010). *AdhunikSamanyaManovigyan*. Agra: Aggrawal Publication.

Course Title- Experiments

Ist year B.A (Semester I)

Course Code- CCPSY-3C

Credit – 02

Max Marks -40

Objectives

1. To develop skill of observation
2. To provide of analytical knowledge
3. Students acquire the knowledge of experimental methods in Psychology

Outcome

1. Develop skill of observation
 2. Students are able to analyze
 3. Experimental methods are learned by students
-

Experiments-

- 1) Illusion
- 2) STM
- 3) Rote learning
- 4) Recall and Recognition
- 5) Retroactive Inhibition
- 6) Paired Association
- 7) Size Consistency
- 8) Figure and Ground

Note – Conduct any six experiments from the above list.

Internal marks 10 + External marks 30 = Total 40marks

Distribution of marks

Internal marks -10 marks

Record book and attendance – 10 marks

External marks – 30 marks

Report of the experiment – 10 marks

Instruction and conduct of experiment – 10 marks

Viva voce exam - 10 marks

Reference Books:-

- S.M Mohasin , Experiments in Psychology, MLBD Publication
- Dr.D.R.Jaronde, Manashastriya Prayog, Prashant Publication Jalgoan.

Course Title- Psychology of Individual Differences

Ist year B.A (Semester II)

Course Code- CCPSY- 1E

Credit – 02

Max Marks -30

Objectives:

- 1) To acquired knowledge of psychological testing.
- 2) To provide basic knowledge of Emotion.
- 3) Develop scientific perspective for Conflict and Frustration.

Outcomes:

- 1) Understood knowledge of psychological testing
- 2) Acquired basic knowledge of emotions.
- 3) Got insight about conflict and Frustration.

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Unit-1: Intelligence:

1. Definition of Intelligence. 2. Nature of Intelligence. 3. Factors affecting on Intelligence (Heredity and Environment) 4. Theories of Intelligence (Factorial theories and processes oriental theories) 5. Assessment of Intelligence- Types of measurement of Intelligence- a) Verbal test: - Individual test and Group test. b) Nonverbal test: - Individual test and Group test.

Unit-2: Personality:

1. Definition and Nature of Personality 2. Biological Foundations of Personality 3. Biological factors of Personality- a) Genetic endowment b) Body chemistry c) Physique d) Physical disability. 4. Theories of Personality- a) Psychoanalytical Freud and Carl Jung. b) Humanistic theory of Carl Rogers and Maslow. c) Social learning theory of Albert Bandura. d) Big five model. 5. Measurement of Personality- a) interview and observation b) Paper pencil test c) Projective techniques.

Unit-3: Motivation and Emotion.

1. Motivation- a) Definition and Nature 2. Motivational cycle 3. Classification of motivation- a) Biological motives b) Social motives 4. Theories of motivation- a) Drive theory b) Incentive theory c) Optimal arousal theory 5. Emotion- a) Definition and Nature 6. Theories of emotion- a) James Lange theory b) Cannon bard theory c) Schechter and Singer theory

Unit-4: Conflict and Frustration.

1. Conflict- a) Definition of Conflict b) Types of Conflict c) Causes of Conflict.
2. Frustration- a) Definition and Causes of Frustration.

Source Books:

- Baron, R. & Misra. G. (2013). Psychology. Pearson.

- Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi:

Reference Books:-

- Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle
- Dixit, Nirupama (2010). AdhunikAsamanayaManovigyan. Agra: Aggrawal Pub.
- Jain, Shashi (2007). Introduction to psychology (4th Ed.).New Delhi: Kalyani.
- Learning, New Delhi.
- Mangal, S. K. (2013). General psychology. New Delhi: Sterling Publisher Pvt. Ltd.
- New Delhi: Tata McGraw-Hill.
- Srivastava, A. (2010). Manovikritivigyan. Agra: Aggrawal Pub.
- Vilas Padhe: Psychology – An Introduction to Psychology

Course Title- Developmental Psychology

Ist year B.A (Semester II)

Course Code- CCPSY- 2E

Credit – 02

Max Marks -30

Objectives

1. Understanding human growth and development.
2. Providing knowledge of human development stages.
3. To help the students understand the significance of parental role of human development.

Outcomes

1. Understood human growth and development.
 2. Students acquire knowledge of human development stages.
 3. Students able to understand the significance of human development.
-

Unit -1:- Introduction of human development

1. Definition 2. Nature & Scope 3. Goals of Human Development 4. Designs for Studying Development-a) The longitudinal design b) The cross-sectioned design 5. Improving developmental design

Unit -2:- Period of life span development

1. Life Span-a) Parental Development b) Infancy and toddlerhood c) Early childhood d) Middle childhood e) Adolescent f) Early adulthood g) Middle adulthood h) Late adulthood
2. Development conception-a) First stage - Zygote, Embryo, Fetus b) Second stage- 12 – 24 weeks c) Third stage-25-28 weeks

Unit -3:- Domains of human development

1. Cognitive development 2. Language development 3. Physical development 4. Emotional development 5. Moral development 6. Personality development

Unit- 4:-Socio cultural contents for human development

1. Family 2. Peer 3. Media and Schooling

Source Books

- Laura E. Berk , Child development, six edition, person education. Inc
- Robert S., Nandita B. Feldman, Child development, Eight edition person

Reference Books

- Dr. K.M. Jadhav , Vaikasik Manashastra, Dimond Publication , Pune
- L.Kandalkar, Manav Vikas, Vidya Publication, Nagapur
- वेकासिक मानसशास्त्र .डॉ.रा.र.बोरुडे ,डॉ.मेघा कुन्ठेकर डॉ.भरत देसाई ,शीला गोल्विलकर ,विद्यार्थी ग्रह प्रकाशक पुणे.

Course Title- Psychometric Test

Ist year B.A (Semester II)

Course Code- CCPSY-3E

Credit – 02

Max Marks -40

Objectives

1. To develop skill of observation
2. To provide of analytical knowledge
3. Students acquire the knowledge of experimental methods in Psychology

Outcome

1. Develop skill of observation
 2. Students are able to analyze
 3. Experimental methods are learned by students
-

Tests-

- 1) Standard Progressive Materials (SPM).
- 2) NEO-PI (Personality Test)
- 3) Need of Achievement
- 4) Frustration Test
- 5) Value Test
- 6) Family Climate
- 7) Parents Child relationship
- 8) Color Progressive Materials (CPM)

Note – Conduct any six Tests from the above list.

Internal marks 10 + External marks 30 = Total 40marks

Distribution of marks

Internal marks -10 marks

Record book and attendance – 10 marks

External marks – 30 marks

Report of the experiment – 10 marks

Instruction and conduct of experiment – 10 marks

Viva voce exam - 10 marks

**Dr. Babasaheb Ambedkar Marathwada University,
Aurangabad.**



Choice Based Credit System

Psychology

**Curriculum Structure and Scheme of Evaluation
For B.A Second Year**

With Effective from 2023-24

S. Rajan
Chairman BOS in Psychology
Signature S.P.

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad
Choice Based Credit System
B.A Psychology
Curriculum Structure and Scheme of Evaluation for B.A Second Year
With Effective from 2023-24

SEMESTER -III									
Sr. No	Course Code	Title of Course	Periods			Credit	Marks		
			Per week	Practical	Total		Theory	Practical	Total
1	CCPSY-3E	Abnormal Psychology	04	--	60	02	30	--	30
2	SECPsy-3A	Social Psychology	04	--	60	02	30	---	30
3	CCPSY-3D	Practicum- Case History & Visit Report	--	04	60	02	---	40	40
(A) Total of Semester -III			08	04	180	06	60	40	100

SEMESTER -IV									
Sr. No	Course Code	Title of Course	Periods			Credit	Marks		
			Per week	Practical	Total		Theory	Practical	Total
1	CCPSY- 3F	Psychological Testing	04	--	60	02	30	--	30
2	SECPsy- 3B	Positive Psychology	04	--	60	02	30	---	30
3	CCPSY- 3G	Practicum- Testing	--	04	60	02	---	40	40
(B) Total of Semester -IV			08	04	180	06	60	40	100

Annual Practical Semester III & IV							
Sr.No	Course Code	Title of Course	-Periods		Credit	Marks	
			Practical Per week	Total		Practical	Total
1	CCPSY-3D	Practicum- Case History & Visit Report	04	60	02	40	40
2	CCPSY- 3G	Practicum- Testing	04	60	02	40	40
(C) Total of Semester -III &IV			08	120	04	80	80

Course Title- Abnormal Psychology
IInd year B.A (Semester III)

Course Code- CCPSY-3E

Credit – 02

Max Marks -30

Objectives:

- 1) To impart knowledge about the normality and abnormality.
- 2) To make students understand the nature and course of various abnormal conditions.
- 3) To guide to gain specific knowledge about different types of mental disorders.

Outcome:

1. Understanding the differences between normality and abnormality.
2. Acquired the knowledge of different abnormal conditions.
3. Gained specific knowledge about different types of mental disorders.

1. Introduction of Abnormal behaviour

Definition and criteria of abnormal behaviour, DSM Classification and brief history of DSM, DSM 5 Based classification of mental disorder, Unresolved issues on DSM Classification.

2. Anxiety Disorder

Definition and symptom of Anxiety Disorder, Types of Anxiety disorder, Obsessive compulsive disorder.

3. Mood disorder

Mood disorder definition and types, causes of mood disorder, treatment of mood disorder.

4. Personality Disorder

Definition and characteristics of personality disorder, cluster A personality disorder, cluster B personality disorder, cluster C personality disorder.

5. Schizophrenia Disorder

Definition and symptoms of Schizophrenia, subtypes of schizophrenia, types of other psychotic disorder, etiology and treatment of Schizophrenia, Delusion disorder

Reference Books

- Butcher J.N, Hooley J. M. & Mineka S (2019) Abnormal psychology 17th edition, pearson publication
- Carson, R.C., Butcher, J.N., Mineka, S., & Hooley, J.M. (2007). Abnormal Psychology, 13th Edn. Pearson Education, India.
- Davison, G.C. Neal, J.M. & Kring, A.M. (2004). *Abnormal psychology*. (9th ed.). New York: Wiley.
- Comer, R.J. (2007). *Abnormal psychology* (6th ed.). New York: Worth Publishers.
- Barlow, D.H. & Durand, V.M. (1999). *Abnormal psychology* (2nd ed.). Pacific Grove: Books/Cole.
- Alloy, L.B., Riskind, J.H., & Manos, M.J. (2006). *Abnormal psychology: Current perspectives* (9th ed.). Delhi: Tata McGraw-Hill.

Course Title- Social Psychology
IInd year B.A (Semester III)

Course Code- SECPSY-3A

Credit – 02

Max Marks -30

Objectives:

- 1) To help students develop awareness of the concepts, problems and issues in the discipline of social psychology.
- 2) To make students understand the individuals and groups in respect to patterns of social behaviour and attitudes.
- 3) To help students gain insight into the dynamics of intergroup relationships.

Outcome:

1. Know the scope of studying social psychology and the methods to gather data in the social context to explain them.
2. Understand the significance of attitudes in explaining human behaviour in the social contexts.
3. Understand the significant aspects group behaviour and social influence that constitute the core of human relationship.

1. Introduction to Social Psychology

Social Psychology: An Overview- Is Scientific in Nature , Social Psychology Focuses on the Behavior of Individuals ,Social Psychology Seeks to Understand the Causes of Social Behavior and Thought, The Search for Basic Principles in a Changing Social World , Social Psychology: Advances at the Boundaries - Cognition and Behavior: Two Sides of the Same Social Coin ,The Role of Emotion in the Social Side of Life ,Relationships: How They Develop, Change, and Strengthen-or End ,Social Neuroscience: Where Social Psychology and Brain Research Meet ,The role of Implicit (Non conscious) processes ,Taking Full Account of Social Diversity ,How Social Psychologists Answer the Questions They Ask: Research as the Route to Increased Knowledge, Systematic Observation: Describing the World Around Us , Correlation: The Search for Relationships ,The Experimental Method: Knowledge Through Systematic Intervention ,Further Thoughts on Causality: The Role of Mediating Variables ,The Role of Theory in Social Psychology

2. Attitudes

Attitude Formation: How Attitudes Develop , Classical Conditioning: Learning Based on Association ,Instrumental Conditioning: Rewards for the "Right" Views ,Observational Learning: Learning by Exposure to Others ,When and Why Do Attitudes Influence Behavior? Role of the Social Context in the Link Between Attitudes and Behavior ,Strength of Attitudes , Attitude Extremity: Role of Vested Interests ,Attitude Certainty: Importance of Clarity and Correctness ,Role of Personal Experience ,How Do Attitudes Guide Behavior? ,Attitudes Arrived at Through Reasoned Thought ,Attitudes and Spontaneous Behavioral Reactions 157 The Fine Art of Persuasion: How Attitudes Are Changed -Persuasion: Communicators, Messages, and Audiences ,The Cognitive Processes Underlying Persuasion, Resisting Persuasion Attempts -Reactance: Protecting Our Personal Freedom ,Forewarning: Prior Knowledge of Persuasive Intent ,Selective Avoidance of Persuasion Attempts ,Actively Defending Our

Attitudes: Counterarguing Against the Competition, Individual Differences in Resistance to Persuasion ,Ego-Depletion Can Undermine Resistance ,Cognitive Dissonance: What Is It and How Do We Manage It? -Dissonance and Attitude Change: The Effects of Induced Compliance Alternative Strategies for Resolving Dissonance ,When Dissonance Is a Tool for Beneficial Changes in Behavior

3. Interpersonal Attraction, Close Relationships, and Love

Internal Sources of Attraction: The Role of Needs and Emotions ,The Importance of Affiliation in Human Existence and Interpersonal Attraction , External Sources of Attraction: The Effects of Proximity and Physical Beauty ,The Power of Proximity: Unplanned Contacts ,Observable Characteristics of Others: The Effects of Physical Attractiveness ,Factors Based on Social Interaction: Similarity and Mutual Liking ,Similarity: Birds of a Feather Actually Do Flock Together ,Reciprocal Liking or Disliking: Liking Those Who Like Us ,What Do We Desire In Others?: Designing Ideal Interaction Partners ,Close Relationships: Foundations of Social Life Relationships with Family Members: Our First-and Most Lasting-Close Relationships , Friendships: Relationships beyond the Family , Romantic Relationships and the (Partially Solved) Mystery of Love , Jealousy: An Internal Threat to Relationships-Romantic and Otherwise

4. Groups and Individuals

Groups: When We Join... and When We Leave ,Groups: Their Key Components ,The Benefits-and Costs-of Joining ,Effects of the Presence of Others: From Task Performance to Behavior in Crowds ,Social Facilitation: Performing in the Presence of Others ,Social Loafing: Letting Others Do the Work ,Effects of Being in a Crowd ,Coordination in Groups: Cooperation or Conflict? Cooperation: Working with Others to Achieve Shared Goals ,Responding to and Resolving Conflicts: Some Useful Techniques ,Perceived Fairness in Groups: Its Nature and Effects ,Basic Rules for Judging Fairness: Distributive, Procedural, and Transactional Justice , Decision Making by Groups: How It Occurs and the Pitfalls It Faces, The Decision-Making Process: How Groups Attain Consensus , The Downside of Group Decision Making , The Role of Leadership in Group Settings

Reference

- Baron, R. A., & Byrne, D. (2003). Social Psychology, 10th ed. New Delhi: Prentice Hall.
- Myers, D. G. (2002). Social Psychology, 7th ed. Int. Education: Mc Graw Hill.
- Taj, H. (2007). An Introduction to Social Psychology, New Delhi: Newkamal.
- Feldman (2001). Social psychology. Pearson

Course Title- Practicum- Case History & Visit Report

IInd year B.A (Semester III)

Course Code- CCPSY-3D

Credit – 02

Max Marks -40

Objectives

- 1) To enable students for take a case history.
- 2) To observe the clinical setup.
- 3) To understand the rehabilitation process in the center

Outcome

1. Students are enabled in case history taking.
2. Getting understanding of real clinical setup.
3. Understood the rehabilitation process of center

-
1. Visit to a mental hospital and taking **three case histories** by each student.
 2. Visit to any one institute form the following-
 - a. Orphanage b. Special School, c. Remand home

Writing a visit report

Internal marks 10 + External marks 30 = Total 40marks

Distribution of marks

Internal marks -10 marks

Visit report and attendance – 10 marks

External marks – 30 marks

Writing one Case history – 20 marks

Viva voce exam - 10 marks

Course Title- Psychological Testing
IInd year B.A (Semester IV)

Course Code- CCPSY- 3F

Credit – 02

Max Marks -30

Objectives:

- 1) To train students in various psychological assessment techniques.
- 2) To know the processes of test construction and standardization.
- 3) To know the process of reliability and validity

Outcome:

1. Understand the basic facts about psychological assessment
2. Understand the processes of test construction and standardization.
3. Knowing the process of reliability and validity.

1. Introduction to Psychological Testing

Definition of psychological test, Characteristics of psychological test, Difference between psychological tests, assessment, and measurement Classification of psychological tests, Uses of psychological tests, Administration of psychological tests, Controlling the use of psychological tests, Historical outline of psychological testing

2. Test Development

Test conceptualization, Test construction, Item analysis, Test standardization, Test revision and documentation

3. Reliability

Definition of reliability, Classical test theory, Methods of estimating reliability, Generalizability of test scores, Standard error of measurement, Factors affecting reliability estimates, Reliability of speed tests, difference scores, composite scores, behavioural measures, Interpretation of reliability coefficient.

4. Validity

Meaning and definition of validity, evolving concepts of validity, Content validity, Criterion-related validity, Construct-related validity

Reference

- Anastasi, A. & Urbina, S. (1997). Psychological Testing. New Delhi: Pearson Education.
- Coaley, K. (2009) An Introduction to Psychological Assessment and Psychometrics. New Delhi: Sage Publications.
- Gregory, R.J. (2005). Psychological Testing: History, Principles and Applications. New Delhi: Pearson Education.
- Goldstein, G. and Hersen, M. (2000) Handbook of Psychological Assessment. Oxford: Elsevier Science.
- Singh, A.K. (2006). Tests, Measurements and Research Methods in Behavioural Sciences. Patna: Bharati Bhavan

Course Title- Positive Psychology
IInd year B.A (Semester IV)

Course Code- SECPSY-3B

Credit – 02

Max Marks -30

Objectives:

- 1) To understand the concept of resilience
- 2) To understand the role of psychology in positive behavioural outcomes.
- 3) To know the factors and mechanism in fostering positive behaviour.

Outcome:

1. Learned the ways positive thinking
2. Knowing the different aspects of positive behaviour.
3. Enabled the ways to be resilient.

1 What Is Positive Psychology?

Traditional Psychology, Why the Negative Focus?, Positive Psychology ,Health Psychology , Focus on Research: Living Longer Through Positive Emotions-The Nun Study ,Clinical Psychology ,Developmental Psychology ,Survey Research and Subjective Well-Being , Social/Personality Psychology and the Psychology of Religion ,Positive Psychology: Assumptions, Goals, and Definitions ,Life Above Zero ,Culture and the Meaning of a Good Life Why Now? , Two Final Notes, Positive Psychology Is Not Opposed to Psychology, Positive Psychology and the Status Quo

2 The Meaning and Measure of Happiness

Why a Psychology of Well-Being? , Objective versus Subjective Measures, Negative versus Positive Functioning ,What is Happiness? Two Traditions, Hedonic Happiness , Eudaimonic Happiness ,Focus on Research: Positive Affect and a Meaningful Life, Subjective Well-Being: The Hedonic Basis of Happiness ,Measuring Subjective Well-Being ,Life Satisfaction ,Positive Affect, Negative Affect, and Happiness ,Focus on Research: Is Your Future Revealed in Your Smile, Reliability and Validity of SWB Measures, Experience Sampling Method, Focus on Method: How Do We Spend Our Time?, Experience Sampling versus Global Measures of Subjective, Well-Being ,Self-Realization: The Eudaimonic Basis of Happiness ,Psychological Well-Being and Positive Functioning ,Need Fulfillment and Self-Determination Theory , Focus on Research: What Makes a "Good" Day? , Comparing Hedonic and Eudaimonic Views of Happiness, Definition and Causes of Happiness and Well-Being, Complementarily and Interrelationship

3 Positive Emotions and Well-Being

What are Positive Emotions? ,Focus on Theory: The Broaden-and-Build Theory of Positive Emotions ,Positive Emotions and Health Resources ,Physical Resources ,The Limits of Positive Emotions ,Positive Emotions and Well-Being ,Happiness and Positive Behavior ,Positive Emotions and Success ,Positive Emotions and Flourishing ,Cultivating Positive Emotions ,Flow Experiences ,Psychological Resources ,Focus on Application: Finding the Positive in the Negative ,Social Resources

4 Resilience

4 Resilience

What is Resilience? ,Developmental Perspectives ,Clinical Perspectives ,Resilience Research , Sources of Resilience ,The Dangers of Blaming the Victim ,Sources of Resilience in Children , Focus on Research: Resilience Among Disadvantaged Youth ,Sources of Resilience in Adulthood and Later Life Successful Aging, Growth Through Trauma ,Negative Effects of Trauma , Positive Effects of Trauma

Reference

- Baumgardner, S.R. Crothers M.K. (2010). Positive psychology. Upper Saddle River, N.J.:Prentice Hall.
- Carr, A. (2004). Positive Psychology: The science of happiness and human strength.UK: Routledge.
- Peterson, C. (2006). A Primer in Positive Psychology. New York: Oxford University Press.
- Seligman, M.E.P. (2002). Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment. New York: Free Press/Simon and Schuster.
- Snyder, C.R., & Lopez,S.J. (2007). Positive psychology :The scientific and practical explorations of human strengths. Thousand Oaks, CA: Sage.
- Snyder, C. R., & Lopez, S. (Eds.). (2002). Handbook of positive psychology. New York: Oxford University Press.

Course Title- Practicum- Testing

IInd year B.A (Semester IV)

Course Code- CCPSY-3G

Credit – 02

Max Marks -40

Objectives

1. To develop skill of observation
2. To provide of analytical knowledge
3. Students acquire the knowledge of experimental methods in Psychology

Outcome

1. Develop skill of observation
 2. Students are able to analyze
 3. Experimental methods are learned by students
-

Tests-

1. Happiness Scale
2. Resilience Scale
3. Optimism Scale
4. Spiritual Intelligence Scale
5. Life satisfaction Scale
6. Psychological Wellbeing Scale
7. Quality of life
8. PGI health questionnaire

Note – Conduct any six Tests from the above list.

Internal marks 10 + External marks 30 = Total 40marks

Distribution of marks

Internal marks -10 marks

Record book and attendance – 10 marks

External marks – 30 marks

Report of the experiment – 10 marks

Instruction and conduct of experiment – 10 marks

Viva voce exam - 10 marks

Bajou
man BOS (psychology)
m S.E.